



WINGS ACADEMY TAEKWONDO



Ranks	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Champs		5:45pm - 6:15pm		5:45pm - 6:15pm		
Beginners	5:30pm - 6:15pm		5:30pm - 6:15pm			
Intermediates	5:30pm - 6:15pm		5:30pm - 6:15pm			
Advanced		5:00pm - 5:40pm		5:00pm - 5:40pm		
Teen/Adult		6:30pm - 7:20pm		6:30pm - 7:20pm		
Black Belt Training		5:00pm - 5:40pm		5:00pm - 5:40pm		10:00am - 10:45am
Krav Maga	Krav Maga 7:00pm - 8:00pm		Women's Krav Maga 7:00pm - 8:00pm		Krav Maga 6:30pm - 7:30pm	Krav Maga 11:00am - 12:00pm
Kickboxing/Sparring					Kickboxing 6:00pm - 6:30pm	Sparring Fundamentals 12:00pm - 1:00pm

There are no regularly scheduled classes during Belt Testing, Tournaments and other Special Events.